### It's time for

# Be a part of the solution to improve obscitu come to improve obesity care

# **Obesity:**

- is recognized by leading health organizations as a serious, chronic and progressive disease which requires long-term management.1
- is influenced by genetics, psychological and environmental factors, hormones, and physical inactivity.2-4



**Obesity** affects about

adult Americans.



Despite implications to health and the economy, obesity is largely under-recognized and under-treated. 6,7



on direct and indirect costs for health conditions related to obesity.8



The obesity community-led, Novo Nordisk-sponsored "Awareness, Care and Treatment In Obesity maNagement" (ACTION) Study was the first US nationwide study to investigate the what and why behind barriers to obesity care. For more information, visit ACTIONStudy.com.

#### Key findings reveal: 9,10

% of people with obesity (PwO) consider it a disease; however,

most consider weight loss to be completely their responsibility and may not seek treatment.

Obesity management challenges remain, especially among PwO ages 65 and older who may experience increased comorbidities.



of PwO had spoken with an HCP about their weight in the past 5 years, of which:

reported having been diagnosed with obesity.



reported that a weight-related follow-up appointment was scheduled.



## Use your voice to be a part of the solution to improve obesity care.

Support the **Treat and Reduce Obesity Act** today

(S.830 and H.R.1953) ObesityCareAdvocacyNetwork.com

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8. Waters H, DeVol R. Weighing Down America: The Health And Economic Impact Of Obesity; 2016. 9. Kaplan LM, Golden A, Jinnett K, et al. Perceptions of Barriers to Effective Obesity Care: Results from the National ACTION Study. Obesity. http://onlinelibrary.wiley.com/do/10.1002/0by.22054/full. 2017;0.1002/oby.22054 full. Look M, Golden A, Kyle T, et al. Insights and Perceptions of Obesity Management in Older People with Obesity: Results of National Study. Poster presentation presented at: AACE 2017; May 3-7, 2017; Austin, TX.

